



### **Caregiver Survival/Emergency Kit for Outages/Storms**

- Flashlights and extra batteries
- Battery/hand crank portable NOAA weather or regular radio
- Fire extinguisher
- Fill car tank with gas if bad weather is predicted
- Get cash
- Have prescriptions, meds refilled
- Have extra car keys
- Have extra house keys
- Have extra tanks of portable oxygen delivered before a bad storm
- Multipurpose tool (screwdriver, knife, etc.)
- Hand sanitizer
- Antiseptic wipes
- Extra hearing aid batteries, eyeglasses, syringes
- Fill bath tub with water to use for flushing toilet
- Stock extra bottles of water for drinking/cleaning
- Stock plastic utensils, cups, plates
- Stock extra box of disposable gloves, dust mask if appropriate
- Stock extra toilet paper and garbage bags
- Stock up with canned (non-perishable) nourishment, power bars, nuts and granola
- Have extra blankets, sleeping bags for warmth
- Whistle
- Car charger for cell phone

### **If You Must Travel By Car**

- Bring copy of DNR
- Bring copy of Advanced Directives
- Bring all current medications
- Cell phone charger for car